

FOR LEAGUES, COACHES & ATHLETIC DEPARTMENTS

Sports & school physicals

Walk in any day — leave with the form signed.

FHSAA sports physicals and school physicals at two Broward clinics, seven days a week. The EL2 is signed at the visit, and the new EL1 heart screening is done on site with a 12-lead EKG.



✓ EL2 signed at the visit

✓ EL1 EKG screening on site

✓ Ages 3 through college

✓ Open 7 days · no appointment

What the physical covers

- ✓ Height, weight, vital signs and a vision screening.
- ✓ Heart and lung exam, and a musculoskeletal exam of the neck, back, shoulders, knees and ankles.
- ✓ Questions about chest pain, fainting or shortness of breath with exercise, and family history of early heart problems.
- ✓ A review of concussions, prior injuries and conditions such as asthma or diabetes.
- ✓ Clearance marked on the EL2 — cleared, cleared with recommendations, or referred for evaluation.
- ✓ Vaccines that are due, given at the same visit and recorded.

Forms we complete

FHSAA EL2

FHSAA EL1 (EKG screening)

School-entry & out-of-state

College, NCAA & club

Band, cheer, dance, JROTC & camp

New for the 2026–27 season

Incoming ninth-graders, and students in grades 10–12 playing an FHSAA sport for the first time, need a one-time EKG screening on Form EL1. Both clinics do it during the sports physical; a tracing done on or after July 1, 2024 also counts.

What families bring

- 1 The form, with the parent history section completed and signed.
- 2 The student's immunization record, and glasses or contacts.
- 3 A list of medications and any specialist letters.
- 4 A parent or guardian for students under 18, or the signed consent from the school packet.

An FHSAA physical is valid for one calendar year from the exam date. · Earlier in the day is fastest in late July and August.



UrgentMed Davie

5149 S University Drive
Davie, FL 33328
Renaissance Plaza

(954) 423-9234

Mon–Fri 8 AM–8 PM
Sat 9 AM–5 PM · Sun 11 AM–5 PM



UrgentMed Plantation

10199 Cleary Blvd, Suite 10
Plantation, FL 33324
Publix Plaza at Nob Hill & Cleary

(954) 473-8565

Mon–Fri 8 AM–8 PM
Sat 9 AM–5 PM · Sun 11 AM–5 PM



Scan for forms, what to bring and online check-in
urgentmed.us/services/school-physicals

Most insurance accepted — many plans cover a preventive exam; self-pay pricing is quoted at the front desk.

Emergency? Call 911.

Chest pain, trouble breathing, severe bleeding or stroke symptoms need an emergency room.
www.urgentmed.us